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Marsha M. Linehan (born May 5, 1943) is an American psychologist and author. She is the creator of dialectical behavior therapy (DBT), a type of psychotherapy that combines behavioral science with Buddhist concepts like acceptance and mindfulness.. Linehan is a Professor of Psychology, Adjunct Professor of Psychiatry and Behavioral Sciences at the University of Washington in Seattle and ...

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Mindfulness and Acceptance Expanding the Cognitive-Behavioral Tradition Edited by STEVEN C. HAYES VICTORIA M. FOLLETTE MARSHA M. LINEHAN THE GUILFORD PRESS New York London

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